

EU-LAC HEALTH 2nd ROADMAPPING WORKSHOP

February 26-27, 2014 – Madrid, Spain

TRAVEL TIPS TO HELP YOU DURING YOUR

STAY IN MADRID

VENUE OF THE MEETING

The meeting will be held at the **Instituto de Salud Carlos III - ISCIII** (<http://www.isciii.es/>) from Wednesday 26th to Thursday 27th February 2014.

The **Instituto de Salud Carlos III** has a big campus on the North of the city of Madrid (Chamartín campus). Main entrance is located on the street Monforte de Lemos, 5.

The meeting will take place in the premises of the Escuela Nacional de Salud, located inside the ISCIII campus, Pavilion 7 (entrance through pavilion 8).



HOW TO REACH THE INSTITUTO DE SALUD CARLOS III

Metro: Estación de Metro Plaza Castilla y Chamartín (10-15 minutes walking)

Bus: Línea 147. Stop in la Calle Sinesio Delgado.

RECOMMENDED HOTEL FOR YOUR STAY

- **Abba Castilla Plaza Hotel ******

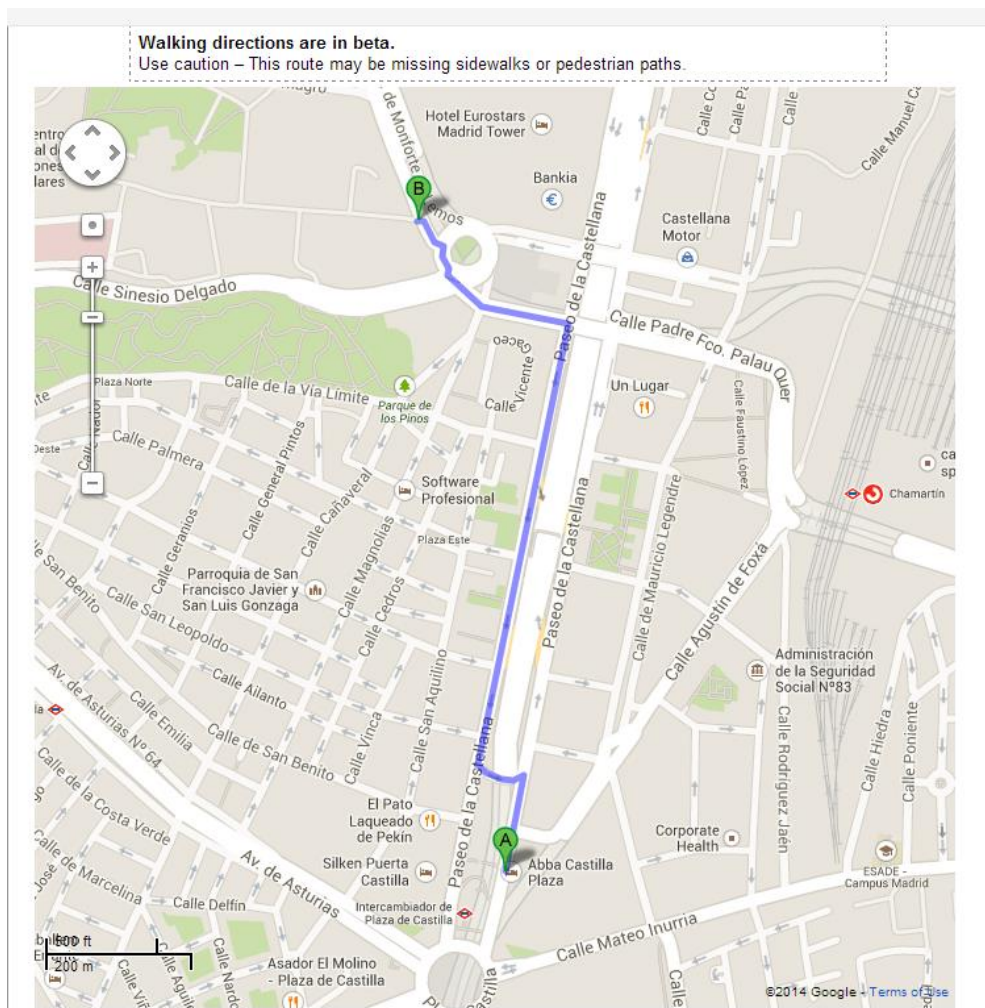
Paseo Castellana 220. 28046 Madrid

Contact: + 34 91.567.43.00, castilla-plaza@abbahoteles.com

<http://www.abbacastillaplazahotel.com/>

This hotel is recommended due to proximity to ISCIII and best value. You can benefit from the special price of **95 euros** for a double room (single use) including breakfast and VAT. To take advantage of this offer please contact Mónica de Román at mderoman@isciii.es.

If the weather is fine, you may walk from the hotel to the ISCIII (1.1 km – about 14 mins)



OTHER HOTELS CLOSE TO INSTITUTO DE SALUD CARLOS III (ISCIII)-CHAMARTÍN CAMPUS

- **HUSA Chamartín ******

Agustín de Foxá s/n. 28036 Madrid

Contact: + 34 91.334.49.00, chamartin@usa.es

<http://www.hotelhusachamartin.com/EN/hotel.html>

Located at the Chamartin Train and Metro Station; about 15-minute walk to the ISCIII

- **TRYP MADRID CHAMARTIN *****

Calle de Mauricio Ravel, 10. 28046 Madrid

Contact: + 34 91.733.34.00, tryp.madrid.chamartin@melia.com

<http://www.tryphotels.com/en/tryp-chamartin-hotel-madrid-spain.html>

Located next to Chamartin Train Station; about 10-minute walk to the ISCIII. Not very elegant location, but nice rooms and convenient spot between ISCIII and Chamartin Station

- **EUROSTARS MADRID TOWER HOTEL*******

Paseo Castellana, 259 B

Contact: + 34 91.334.27.00, reservations@eurostarsmadridtower.com

<http://www.eurostarsmadridtower.com/EN/index.html>

Located by ISCIII

SOCIAL EVENT (WEDNESDAY 26th. February, 19:00-22:30 pm)

We invite all workshop participants to enjoy a Tapas dinner while we listen to Flamenco singing and dancing in the relaxing atmosphere of the **TABLAO FLAMENCO LA QUIMERA**.



Bus transport will be provided to all participants from HOTEL ABBA PLAZA CASTILLA to the Tablao and return after the show.

HELPFUL INFORMATION

TRANSPORT FROM THE AIRPORT

TAXI:

THE CURRENT FARE FOR A TAXI TRIP TO DOWNTOWN MADRID IS A FIXED PRIZE OF 30 €



Terminal 1 (T1) – ground floor, located across the Hall 2 of the baggage claim.

Terminal 2 (T2)– ground floor, located across the Hall 5 of the baggage claim.

Terminal 3 (T3)– ground floor, located across the Hall 7 of the baggage claim.

Terminal 4 (T4) – ground floor

METRO:



From T1, T2, T3 or T4:

METRO: Line 8 (pink) connects Barajas airport to the center of town, station change line in Colombia and take line 9 to Plaza Castilla. It takes about 25 minutes to reach the hotel is in the same plaza.

For more information on subway lines and destinations, please refer <http://www.metromadrid.es>

BUS:



Line number 200 connects the Barajas airport terminals 1-2-3 with the City Centre (Metro station AVENIDA DE AMERICA, lines 4, 6, 7, 9).

Bus line 204 connects the T 4 with the City Centre (Metro station AVENIDA DE AMERICA, lines 4, 6, 7, 9).

Estimated time: 20 minutes.

For more information of the airportbus lines please go to <http://www.emtmadrid.es>

For more information on bus, please see <http://www.emtmadrid.es>

AEROCITY

AeroCity is a specialised taxi service which can be reserved in advance from our website. They will pick you up at the airport in a comfortable, air-conditioned, 7-seater van and take you to whichever destination you specify, guaranteeing a maximum of 3 stops on the way. Their drivers will sometimes speak English and prices currently stand at 23 euros total for up to 3 passengers, 26 euros for 4 (6.50 euros per person!) and only slightly more for more people. Click [here](#) for more information and reservations. **Advantages:** Excellent price for door to door service. Cheaper than a normal taxi. **Disadvantages:** you may have to share your "taxi" with others. Cost: 23 euros for 1, 2 or 3 persons.

MOVING AROUND MADRID

PUBLIC TRANSPORTATION IN MADRID

Madrid proudly sports one of the best public transportation networks in the world and the second largest metro network in Europe, second only to London's. Buses and subways form an integrated network and work with the same tickets. A single ticket (*Billete de un viaje*) costs €1,5, a ten trip ticket (*billete de diez viajes*) costs €12,2. Tickets can be purchased at Metro stations, news-stands, and "Estancos" (tobacconists').

METRO is the fastest way of moving around, specially at rush hours. More info can be found at http://www.metromadrid.es/en/viaja_en_metro/index.html

Taxis can be safely picked up on the streets or at special taxi stops. You can also order one by calling - **Radiotaxi:** 91 447 32 32 or **Radiotelefonotaxi:** 91 547 82 00

THE WEATHER IN MADRID IN FEBRUARY

In winter, the people of Madrid witness the blue sky touched with light swollen white clouds. It is usual for the temperature to hit freezing, and it often gets cold enough to support snowfall during this season. The lowest average temperature stands at 2 °C while the highest average at 9 °C during January and February. Nevertheless, it is also possible to have nice sunny and warm days by the end of February, cooling down at late evening, night hours. We recommend you to check the weather a few days before travelling . <http://www.weather-forecast.com/> .

CITY TURISTIC INFORMATION

Madrid, the capital city of Spain, is one of the major tourist spots of Europe and is best known for its zestful nightclubs, outstanding shopping centers and life-celebrating art. Madrid is characterised by intense cultural and artistic activity and a very lively nightlife. Madrid is a paradise for museum lovers. There are 15 important museums, dozens of galleries and several private collections. The most famous museums in Madrid are the Prado (right across the meeting venue), the Thyssen Bornemisza and the Reina Sofia museum.



Apart from the art museums, there is much more to see and do in Madrid. You will enjoy a lovely walk in warm sunshine in Retiro Park, one of Madrid's most popular attractions.



Bars and restaurants are open very late in Madrid and the city's Santa Ana district never closes down. Dinner in Madrid usually does not begin until after 10 pm and after that you can head off to your favorite disco show, jazz club or late-night café.

You will also enjoy shopping in Madrid. Gran Via is Madrid's most well known avenue for shopping but there are dozens of others such as Calle Alcalá, Calle Montera, Calle Princesa, Calle Serrano.

UPDATED TOURIST INFORMATION CAN BE FOUND AT

<http://www.esmadrid.com/en/portal.do>

LAPTOPS AND INTERNET IN MADRID

If you are bringing any electrical appliances to Spain (e.g. laptop computers, travel irons, etc.) you should bear in mind the voltage and type of plug used here. Spain uses the 220V voltage level and a frequency of 50Hz. Check that your electrical appliances will work with this voltage. You may also need a plug adapter. Spain uses plugs with 2 round pins (see image).



Wi-Fi Internet access is common in many hotels, apartments and other places such as the cafeterias of the large department store , El Corte Ingles.



Should you have any questions or comments, please do not hesitate to either contact Erika Sela (erika.sela@innovatec) or Mónica de Román (mderoman@isciii.es)

Please take note of the following telephone number that will be available during the meeting dates in case of emergency: **+34 649 674983**